

July 2025 Newsletter



July brings with it fresh energy, new opportunities, and perhaps a well-deserved break or two. Whether you're diving into new projects or taking time to recharge, we hope this month brings inspiration and connection.

In this edition, you'll find the latest updates, highlights, and helpful resources to keep you informed and empowered. Thank you for everything you do—here's to a vibrant and fulfilling July!

Tom Loveridge Awards - Apply by 7/15

☐ Honor the Legacy. Invest in Your Growth.

The **Tom Loveridge Staff Scholarship** celebrates University of Utah staff who go above and beyond—just as Tom did throughout his remarkable career.

Eligibility:

- ☐ Full-time, benefits-eligible staff
- ☐ Minimum of 2 years of service
- ☐ Supports academic courses taught at the U

Award:

- ☐ One scholarship of up to **\$1,250** awarded each **Fall and Spring semester**
- ☐ **Apply by July 15** – applications reviewed twice per year

Grow professionally while continuing to make a difference in our university community.

LEARN MORE & APPLY

Introducing the University of Utah Employee Childcare Website

Child Care Resources to Help Balance Work and Life



□ New Childcare Resource for U of U Employees

Balancing work and family just got easier! The new [Employee Childcare Website](#) is your one-stop hub for trusted childcare options, parenting resources, and financial support—available to all University of Utah employees.

What you'll find:

- U of U-affiliated childcare programs
- Licensed providers across Utah
- Childcare subsidies & financial aid
- Support for children with disabilities
- After-school, camp & summer care
- Guidance for new parents returning to work

□ **Visit the Childcare Website** to explore your options.

□ Questions? Contact Bree Murphy, Childcare Strategy Facilitator, at bree.ann.murphy@utah.edu

LEARN MORE

Discover the Art of Longevity in Sardinia with Go Learn



☐ Celebrate the U's 175th with \$175 Off a Once-in-a-Lifetime Trip to Sardinia!

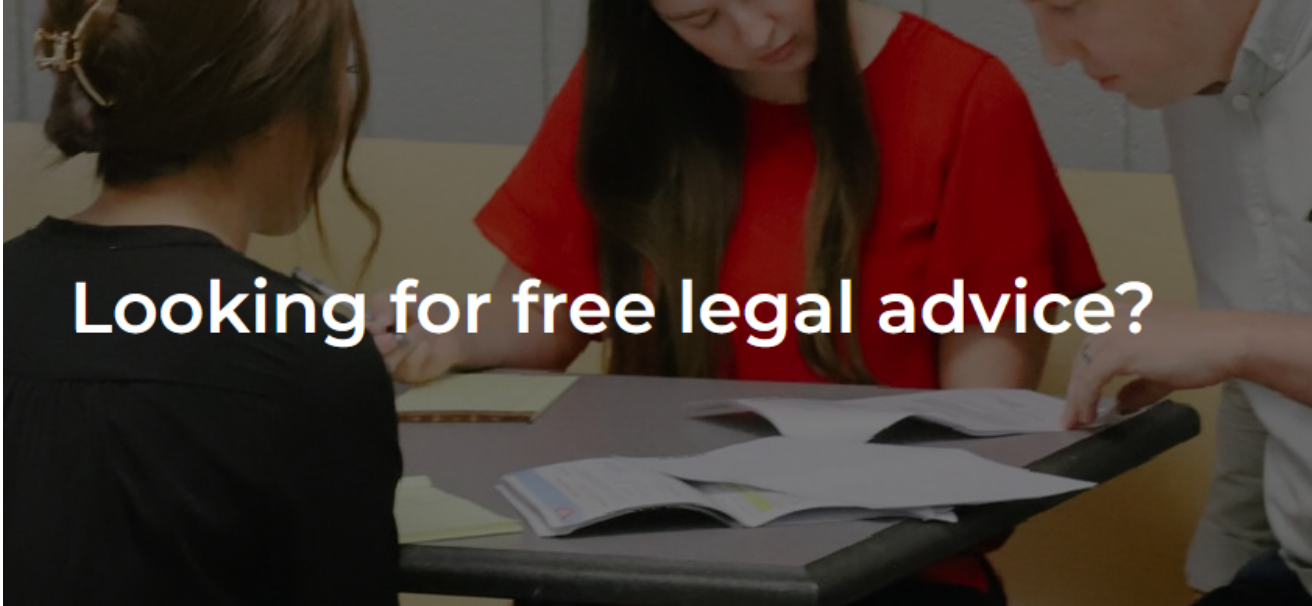
Join **Go Learn** and University of Utah instructor **Giuliana Marple** on an unforgettable journey through Sardinia's legendary "Blue Zone"—a region known for longevity and vibrant living.

Trip highlights include:

- ☐ Wine tasting with locals
 - ☐ Meet Sardinian centenarians
 - ☐ Cooking classes & cultural immersion
 - ☐ Island boat adventure & cave exploration
- ☐ **Save \$175** in honor of the U's 175th Anniversary!
- ☐ **Learn more and register**

LEARN MORE

Pro Bono Initiative: Free Legal Consultations



Looking for free legal advice?

🔗 Free Legal Advice Through the Pro Bono Initiative (PBI)

The **Pro Bono Initiative (PBI)** offers **free 30-minute legal consultations** to Utah community members—no appointment needed for most programs!

What to expect:

- ☐ Meet with law student volunteers supervised by licensed attorneys
- ☐ Get answers to legal questions & explore your options
- ☐ Receive referrals to legal aid organizations
- ⚠ Note: PBI does **not** provide long-term representation or file paperwork
- ☐ **Visit the PBI Website** for program details, locations, and schedules.

[PROGRAM DETAILS](#)

FREE Professional Development Classes

☐ New U-CAN Professional Development Courses This Summer

The **Utah Coaching Advancement Network (U-CAN)** is excited to offer **three new workshops** designed to boost your skills and support your professional growth.

Upcoming Courses:

- ☐ **July 10 & 11** – *How to REALLY Manage Your Time*
- ☐ In-person workshop with **breakfast & lunch included** both days
- ☐ **August 11–15** – *Management Skills*
- ☐ Daily **Zoom webinars**, each with a unique focus

Don't miss out—**register now** to secure your spot in these valuable courses!

REGISTER NOW

FeedU Pantry Service Project at EAD!



Save the Date: Employee Appreciation Day – September 25

Celebrate with fellow University of Utah employees at a day full of **free food, games, entertainment**, and a **meaningful service project** supporting the **Feed U Pantry**.

Event highlights include:

- Fun activities & giveaways
- Tour the Pantry's new mobile van
- Make candy kits & write thank-you notes
- Learn how to access services, volunteer, or schedule the mobile pantry

Help fight food insecurity on campus while enjoying a great day with colleagues!

More details coming soon

LEARN MORE

Get Involved: Volunteer at EAD and Make It Memorable



❑ Help Make Employee Appreciation Day Happen!

Volunteers are the heart of EAD! Sign up for a 1–2 hour shift and receive a **volunteer t-shirt** and a **thank-you gift**—last year it was a **Pioneer Theatre ticket!**

❑ Register by Friday, August 8

Entry Details:

- ❑ Check in at stadium entrances by scanning a QR code and entering your UNID
- ❑ No phone? Volunteers will be there to help!

What to Expect:

- ❑ Free food, drinks & dessert
- ❑ Games, giveaways & department booths
- ❑ “Crafters Corner” artisan market by U employees
- ❑ 175th Anniversary timeline & swag
- ❑ “Grandparents Are In” advice booth from Emeriti Club
- ♥ Service project supporting the Feed U Pantry
- ...and more!

❑ For Hospitals & Clinics Staff:

Can't attend in person? Look for **treat stations** at University Hospital, South Jordan, Sugarhouse, and Farmington Health Centers during EAD week.

- ❑ Questions? Contact Kari Smith at Kari.Smith@hsc.utah.edu

REGISTER TO VOLUNTEER

New Staff Resource: SupportLinc!

EMPLOYEE ASSISTANCE PROGRAM AND MENTAL HEALTH

Schedule an Employee Assistance Program (EAP) Mental Health Appointment by calling (801) 587-9319 or (800) 926-9619

Experiencing a mental health crisis? Call the Utah Crisis Line: (800)-273-8255

☐ New Employee Assistance Program Provider – Starting July 1!

Beginning **July 1, 2025**, **SupportLinc** will be the new administrator for the University's **Employee Assistance Program (EAP)**.

SupportLinc services include:

- ☐ 24/7 phone access to licensed counselors
- ☐ In-person, virtual & text therapy options
- ☐ Digital tools via desktop & mobile apps

Need support before July 1?

Blomquist Hale is still available—call **(801) 587-9319** or **(800) 926-9619**.

Already working with a Blomquist Hale counselor? You can continue with them after the transition.

- ☐ **Visit the EAP and Open Enrollment pages** for more info and updates.

LEARN MORE

Resources & Discounts

- **Tom Loveridge Memorial Scholarship:** [Apply today for \\$1,250 award](#), Deadline is **July 15th**.
- **School of Music, Preparatory Division**
Explore music classes and lessons in **Piano, Strings, Guitar, and Organ**. For more information, [click here](#)
- **Upcoming Coaching Events**
Visit [UCAN.utah.edu](https://ucan.utah.edu) for details on exciting coaching events to help you grow professionally!
- **Red Butte Garden – FREE Admission**
Take a break and visit [Red Butte Garden](#)—free with your **UID card**.
- **Health Plan Member Discounts**
Special discounts are available for **Health Plan Members**. [Don't miss out on these great offers!](#)
- **Employee Assistance Program:** Connect with [services available through EAP](#)
- **General Staff Council Meeting**
Join us for the next [General Staff Council Meeting](#) on **July 2nd**, from **2 - 4 PM**. Your participation matters!

Contact Us

Have an event or announcement you'd like us to share in an upcoming newsletter?

GIVE US THE DETAILS



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