

February 2025

Welcome to February's Heartfelt Beginnings!

This month, we're sharing updates and highlighting upcoming events. Let's make February a month to remember!

Discounted Tickets to Gymnastics and Basketball this Season!



Available for any upcoming meet!

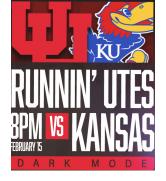
Athletics is offering discounted tickets to gymnastics this season! Come support the team and enjoy the incredible skill and action. Don't miss out on this exciting opportunity!

BUY TICKETS

Attend the Feb. 15th game at 8 pm!

Don't miss the thrilling match between the U and University of Kansas! Enjoy exclusive ticket discounts and be part of the action. Grab yours today!

BUY TICKETS



Immediate Openings for Faculty/Staff Children at UKids!

From The Student Parent Support Center: UKids Centers offer convenient, on-campus child care with immediate openings in all age ranges! Our locations: **UKids – East Village** in Research Park, **UKids – Presidents Circle**, centrally on campus, **UKids – Guardsman Way**, near hospital shuttles.

View Openings: <u>UKids Openings</u>

Apply for All Three Centers: Waitlist Application \$100 covers all centers! See our centers firsthand by requesting a tour.

Apply today and secure your spot for next month! More info can be found at childcare.utah.edu.

Advocating for Staff: Updates and Insights from the Legislative Committee

The Legislative Committee is one of the seven committees that make up the University of Utah Staff Council. Our goal and purpose are to engage and inform University staff about the legislative process through awareness and advocacy.

We advocate for staff concerns in policy-making during the Legislative Session and keep you updated on potential impacts. Learn more about the UU Staff Council Legislative Committee, bill watch sign-ups, and how to contact your representatives here.

Pace Yourself: A Wellness Podcast for the University Community



LEARN MORE

"Pace Yourself" is a wellness podcast from the College of Science, featuring expert interviews on a range of wellness topics. Season 1 covered wellness dimensions, and Season 2 dives into more health-related issues.

All episodes can be found on <u>Spotify</u> or you can check them out at the <u>College of Science website</u>.

New Behavioral Health Services Now Available through RedMed



APPOINTMENT CALENDAR

The University of Utah Human Resources and RedMed Employee Health Clinic are excited to announce new behavioral health services available through RedMed referrals.

Sean Erickson, PMHNP-BC, CARN-AP, is an experienced Psychiatric Mental Health Nurse Practitioner with expertise in outpatient care, addiction medicine, veteran care, and adolescent care. His approach combines evidence-based prescribing and brief psychotherapy interventions.

To access these services, <u>schedule an appointment with a RedMed</u> provider, and you will be referred to Sean after evaluation.

Call for Administration District Chair for Staff Excellence Awards!



Join us for Healthcare Stories: Joy on February 6, 2025, at Kingsbury Hall, celebrating the highs of healthcare.

Staff and faculty can use code: FACULTYUP for a discount.

Presented by the Resiliency Center, the Center for Health Ethics, Arts, and Humanities, and UtahPresents. Don't miss this inspiring evening!

BUY TICKETS

- We're excited to announce our 2025 storytellers:
- Amy Askerlund ER nurse, fitness coach, adventurer
- **Emily Erickson** Huntsman Cancer Hospital veteran
- Donna Baluchi Assistant librarian, zine maker
- Patrick Ockerse, MD Emergency physician, Shiprock journey
- Phil George Nutrition Services Manager, aspiring portrait artist
- Sashi Goteti Pediatric Hematologist, Tolkien & astrophysics enthusiast
- Our MC: Katty Del Pilar Youd Program manager, balloon artist, proud Peruvian immigrant.

Call for Administration District Chair for Staff <u>Excellence Awards!</u>

The Staff Excellence Awards Program is seeking a Chair for the Administration District Committee!

As Chair, you'll manage online nominations, help select winners, and support the Top 8 University of Utah Staff Excellence selections. The role includes 1-3 meetings, reviewing nominations, and attending award celebrations. The Chair must be part of the Administration District and not on Staff Council.

For more info, contact Mandy Skonhovd at Mandy.Skonhovd@utah.edu.

Enhance Your Skills with the Updated Management Essentials Certificate

Additionally, you'll have access to a professional development library of audio and ebooks throughout the program.

The cost of the updated certificate is \$200. Click below to learn more and enroll.

Hospital employees who cannot access Bridge can contact <u>training@utah.edu</u> to express interest in a hospital cohort. We look forward to having you!

LEARN MORE

Spring Updates from Commuter Services

Commuter Services is working to improve commuting and parking this spring. Feedback from last fall's survey highlighted concerns with UTA service, leading to **5 new bus routes**.

Drivers can expect the **MiStall parking system this fall**, offering real-time spot updates as part of the Parking & Transportation Plan.

MobilePay now accepts coupon codes, making parking more convenient. Departments using coupons will get more details as kiosks are phased out in 2025.



Highlights from the January 2025 UUSC General Meeting!

UCareer Updates

- Tatiana Topyrik provided an overview of the current status and timeline of the UCareer project. For more specifics please access the <u>slide deck</u>.
 - Contact: Tatiana.Topyrik@utah.edu

Legislative Session Update

• Jason Perry provided a Legislative update for the legislative session that began on January 21, 2025.

VIEW PAST
GENERAL MEETINGS

Donate to Staff Council

Support Staff Council Professional Development Awards

Your contribution can make a lasting impact on staff development at the U of U! We invite you to support the **Staff Council Professional Development Awards** in any way that works for you—whether through an event, payroll deduction, a one-time donation, or a planned gift.

Every donation, no matter the size, helps empower staff members to grow professionally and advance their careers across campus. Your generosity fuels opportunities for learning, leadership, and success. Together, we can build a stronger, more dynamic community.

Thank you for supporting staff growth at the U of U!



Grab your Staff Council mug today!

Make a donation of only \$5/pay period (for 12 months) or a one-time gift of \$120 or more, and we'll gift you with our handsome new BEST STAFF EVER mug. Whether holding 11 ounces of your favorite hot or cold beverage, this stout vessel also looks great corralling the pens & pencils on your desk. Make your donation today & show your Staff Council pride, all while supporting fellow Staff at the U!

PAYROLL DEDUCTION

DIRECT DONATION

Resources & Discounts

- FREE HEADSHOTS at Marriott Library Protospace
 Get a professional headshot for free! Visit the Marriott Library Protospace on Wednesday afternoons,
 11:00 AM 1:00 PM.
- School of Music, Preparatory Division
 Explore music classes and lessons in Piano, Strings, Guitar, and Organ. For more information, <u>click</u> <u>here</u>

• Upcoming Coaching Events Visit **UCAN.utah.edu** for details on exciting coaching events to help you grow professionally!

- Red Butte Garden FREE Admission Take a break and visit **Red Butte Garden**—free with your **UID card**.
- Health Plan Member Discounts Special discounts are available for Health Plan Members. Don't miss out on these great offers!
- General Staff Council Meeting Join us for the next General Staff Council Meeting on February 5th, from 2 - 4 PM. Your participation matters!

Contact Us

Have an event or announcement you'd like us to share in an upcoming newsletter?

GIVE US THE DETAILS







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