

AUGUST 2023

Greetings from your Staff Council President



It is my genuine pleasure to serve as your Staff Council President for the 2023-2024 term. I couldn't be more excited with the Council's trajectory for the year ahead!

Great things are happening, and I invite **you** to join us for any or all of our monthly Staff Council Meetings on Zoom so that you can see for yourself how the Council is working for you. If you aren't able to attend a meeting, be sure to read this newsletter each month to stay abreast of issues relevant to staff as well as upcoming special events, discounts and resources available to our staff community.

If you have any questions, comments or ideas, please feel free to email us at <u>uusc@utah.edu</u>.

Thank you for all that you do!

David Thomas President, University of Utah Staff Council



The U Farmers Market takes place on Thursdays from **10am - 2pm** outside the Union building from **August 24 to October 5**.

The University of Utah Farmers Market links local growers, artisans and resources for healthy lives with students, faculty and staff campus.

Market vendors provide on-campus access to diverse cuisines, as well as produce, baked goods, gifts, art and more, while local organizations and on-campus departments showcase a large range of resources.

LEARN MORE

Wellness Update

Are you looking for a way to unwind and relax? Let the skilled massage therapists at the <u>LS Skaggs Patient</u> <u>Wellness Center</u> help reduce the negative effects of stress and return your body and mind to a more relaxed and balanced state. Gift certificates are also available to buy and are good for one year from the purchase date.



- 30-minute table massage: \$35
- 60-minute table massage: \$65
- Employees receive a \$5 discount

Call 801-213-8720 to schedule or to purchase a certificate.

EAD 2023 Sneak Peak



Thursday, September 28th 10am - 2pm Rice-Eccles Stadium

Officer Sgt. Matt Feltenberger of the K9 Unit will be showcasing the incredible sniffing power of his Dutch Shepherd partner, Eva, through a series of explosive materials detection demonstrations.

MEET THE K-9 TEAM

Call for Staff Council Volunteers for Employee Appreciation Day!

This year's Employee Appreciation Day (EAD) will take place on Thursday, September 28, 2023 from 10 am – 2 pm at Rice-Eccles Stadium. University of Utah, Huntsman Cancer Institute and U of U Health faculty and staff (including **student staff) are invited to attend! Employees must bring their U card employee ID badge in order to enter the event.

**student employees without a Ucard should email <u>EAD@utah.edu</u> so employment can be verified and permission to attend be granted.

Volunteers Needed

Volunteering at EAD is a great way to meet fellow U of U employees! Staff Council members are asked to work one- to two-hour shifts and will receive a volunteer T-shirt. If your schedule allows for you to help at EAD, please <u>click here to sign-up to volunteer</u>. This sign-up form will close on **Friday, August 11.**

(Note: This sign-up form is for Staff Council and UHRM members only as it contains special volunteer roles for these two groups only. Please do not share with any employee outside of Staff Council or UHRM. A sign-up form for all other employee volunteers will appear in @theU and the EAD website.)

Thank You to Our Presenting Partner



This year's EAD is made possible with the help of our Presenting Partner—TIAA. TIAA's mission is to help University of Utah employees find their personal vision of financial success at every stage in life. Choosing to work with TIAA gives you an ally in planning your financial future in a way that's right for you. TIAA puts your goals first, supported by the people, tools, and expertise you need to help you succeed.

Stop by the TIAA table at EAD to find out how they can help you reach your financial goals. To learn more about TIAA's relationship with the University of Utah or schedule an appointment with a TIAA financial consultant go to <u>https://www.tiaa.org/public/tcm/uofu</u>.



Upcoming Events

- August 8 <u>UUSC EDI Book Club</u>, Blind Spot
 August 31 Application deadline for <u>Tom Loveridge \$1,250 Scholarship</u>.
- September 28 <u>Employee Appreciation Day</u>
 October 1 <u>OCIH Wellness Seed Grant</u> Deadline
- Fall 2024 Changes to Tuition Benefit

Resources

- Visit<u>Red Butte Gardens FREE</u> with your UID card
- OneUCares Faculty and Staff Emergency Fund
- <u>Special Discounts Available to Health Plan Members</u>
- Helpful <u>Human Resources Webinars</u>
- May 1 September 30 <u>Hogle Zoo Discount Tickets</u> when you buy online!

Contact Us

Have an event or announcement you'd like us to share in an upcoming newsletter?

GIVE US THE DETAILS



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