

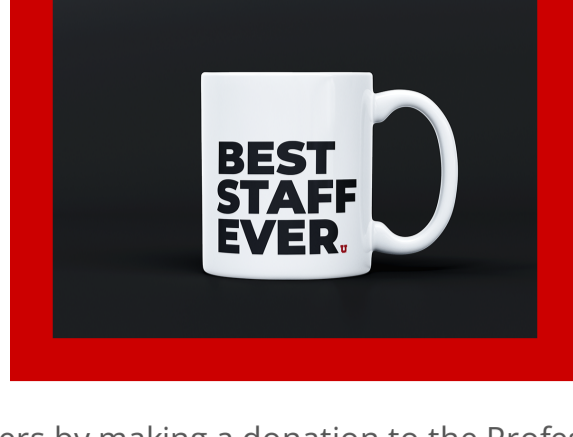


THE UNIVERSITY OF UTAH

Staff Council

APRIL 2023

GIVING DAY is March 27th & 28th!



Support your fellow staff members by making a donation to the Professional Development Awards. You can give a one-time donation or set up a recurring payroll deduction. For as little as \$5/month (for 12 months), we'll gift you this fantastic BEST STAFF EVER ceramic mug!

[DONATE TODAY](#)

Apply for a Professional Development Award



Congratulations to [Benjamin Smith](#), one of our Spring 2023 award recipients. Each award recipient is allowed up to \$500 in refundable expenses related to their professional development.

Summer 2023 applications are open & will close on April 15th.

[APPLY NOW](#)

FREE Home Buyer Seminar

Thursday, April 13th

12 - 2 pm

Room 312 UNION

Bring your bag lunch & we'll provide beverages



[DOWNLOAD THE FLYER](#)

Improve Your Coaching Skills

We are excited to announce a kickoff on **April 20th** for a Coaching Skills workshop series that will be held in May.

What are coaching skills? They are learned qualities, mindsets, and thinking patterns that can help you develop your performance at work and life in general. Come learn more about these skills, how to fine tune them, and support staff development at the U. Join us at the kickoff to learn more!

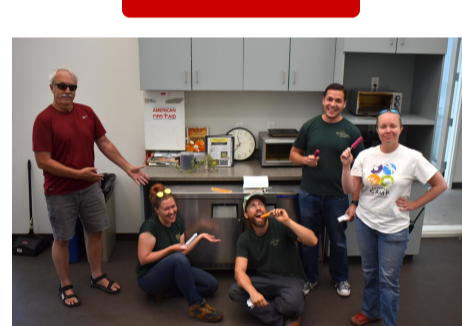
Download the flyer for details and the link for registration!

[DOWNLOAD THE FLYER](#)

Wellness Seed Grants Available

Applications due May 1st

[APPLY HERE](#)

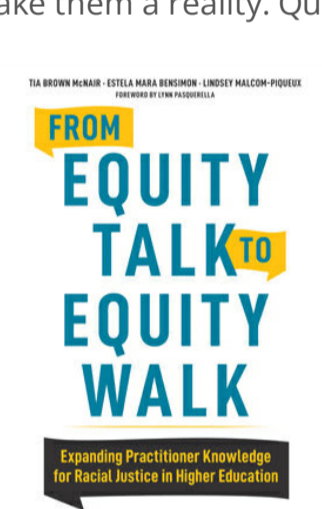


OCIH wants to help you and your team elevate your work-wellness culture with a Wellness Seed Grant! This program is the perfect opportunity to work on a meaningful wellness project within your workspace.

Looking to eat healthier while on the job? Apply for grant funding to install a refrigerator in your unit to promote bringing lunch from home or to stock the office pantry with healthy snacks.

Working with your team to prevent overwhelming workdays? Apply for funding to establish a respite space near your workspace or even an herb garden to take a break in.

OCIH loves to hear your ideas and help make them a reality. Questions? Email wellness@utah.edu.



JEDI Book Club

May the 4th at 4:15 pm

Join the Justice, Equity, Diversity, and Inclusion Committee (get it? JEDI on May the 4th??) for a discussion about expanding practitioner knowledge for racial justice in higher education.

[LEARN MORE](#)

PTC Staff Appreciation Night

Saturday, May 13th



The PTC invites all staff to attend "The Prom", using this special discount code: [STAFFPARTY23](#) (applicable to any seat purchase for this evening only).

Not only will you receive discounted tickets, but you're also invited to a private Pre-Show Reception with some of the actors.

Purchase tickets online: pioneertheatre.org/tickets OR call 801.581.6961.

Apply to join Staff Council



Applications due **May 15th**

[APPLY NOW](#)

If you'd like to see what we do, you are always welcome to join our **monthly General Meetings**, the 1st Wednesday of the month. Our next meeting is

April 5th at 2:00pm

[REGISTER HERE](#)

U Recycle Day



Stop by the University of Utah for U Recycle Day, an annual event for responsible recycling. Come shred paper documents, find a new home for gently-used furniture, offload your expired and leftover medicines, or safely dispose of household e-waste. Participants are also invited to donate items like clothing, books, and toys!

When: Friday, April 21, 2023 | 8 a.m.-4 p.m.

What: Recycling event for e-waste, paper shredding, clothing donation, and hard-to-recycle materials.

Where: 595 Guardsman Way Salt Lake City, UT 84108

Accepted items include: Documents for shredding, desktop & laptop computers, printers, batteries, stereos, VCR, DVD, & CD players, books & magazines, sofas, tables & chairs, bicycles, skis & snowboards, toasters, blenders, expired medications, and more. If you're not sure whether an item is accepted, [check here for a complete list](#).

Volunteers will be available to help you unload your car, making this a quick and easy stop.

This event is open to the University of Utah community and Salt Lake residents. The Sustainability Office is partnering with the Utah Department of Commerce, Campus Police, Columbus Shredding, Tams Solutions, and The Other Side Academy to make U Recycle Day possible.

Please bring residential items only; business materials will not be accepted.

Want to keep track of changes to University policies and rules?

The [Regulations Library](#) includes a [page](#) that lists all recently revised University regulations. Staff members can also subscribe to Regulation Updates that will come via email.

GET NOTIFIED

Upcoming Events

- Spring - University Counseling Center Skills [Workshops and Mindfulness Programs](#)
- April 7 - [UWHEN Annual Leadership Conference](#)
- May 4 - [JEDI Book Club](#)
- September 28th - Employee Appreciation Day

Resources

- How to Get a [Free Headshot](#) at the Library
- [OneUCares](#) Faculty and Staff Emergency Fund
- [Special Discounts Available to Health Plan Members](#)

Contact Us

Have something on your mind? Have something to post in an upcoming newsletter?

TELL US

COVID-19 Resources

[Coronavirus.utah.edu](#)

[Vaccine Opportunities](#)

General Campus Questions Hotline

801-213-2874

Health and Testing Hotline

801-587-0712



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